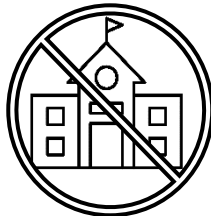


Instructions for People with COVID-19 and Their Household In Home Isolation

Your household need to follow these instructions to protect others if a person in your household has COVID-19.



Stay all at home



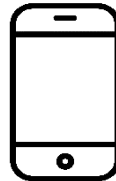
Do not send kids to daycare or school



Do not go to work



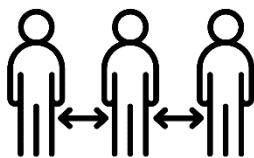
Do not take public transportation



Answer call from private numbers (if you are waiting for a result)



Allow no visitors in your home



2 mètres

Keep 2 meters distance



Wear a mask over your nose and mouth

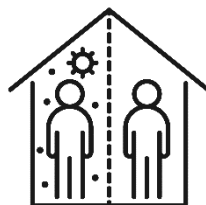


20 secondes

Wash your hands often



Cover your nose and mouth when coughing or sneezing



Limit your contact with others in your home



If you have any health concerns, call 1-877-644-4545